



WE ARE HERE FOR YOU!

Contact
Cougar Care Network
for assistance with
personal, academic,
financial, or other
challenges!




Cougar Care Network

Use this to refer yourself for
assistance with basic needs
and much more!



Numerous Resources

Over 200 links for both on-
campus and community
sites to help you.



You can find more
QR codes for
different resources
on the back!

Contact Cougar Care Network:

csusm.edu/ccn
ccn@csusm.edu

760-750-7627
@csusmccn

Follow Us on Instagram!





Student Health Assistance Fund

Financial help for wellness, mental health, and medical services



ASI Student Emergency Fund

Modest financial assistance for students in emergency situations.



Financial Aid

Financial assistance, including possible loans.



Wifi/ Laptop Loaner Assistance

CSUSM lends laptops & IT hardware.



Call 211

San Diego information hub for aid with housing, utilities, food and more.



Student Health & Counseling Services (SHCS)

Primary care, wellness & mental health services.



Office of Disability Support Services

DSS provides services and accommodations to students with disabilities.



BenefitsCal Student Center

Apply for state assistance for food, cash, and health coverage based on your income.



Feeding America Riverside/ San Berandino

Find a local food pantry near you.