

TUKWUT TIMES



Brought to you by the CSUSM Retirees Association

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Newsletter December 2015
Volume 1, Issue 5

Message from the Chair

By Janet McDaniel

By now, you are probably aware that CSUSM has launched a major comprehensive campaign called "Forward Together." As I write this year-end message, I've been thinking about the university and the Retirees Association in terms of our "History Together" and our "Future Together."

Every time RA members and guests gather for an excursion, happy hour, university event or workshop, I hear colleagues reminiscing; "Remember when...?" is a constant refrain, followed by laughter, rueful shakes of the head, and sometimes-conflicting accounts of what happened and what it all meant. In this issue of *Tukwut Times*, you can take a trip into CSUSM's past by way of Judith Downie's article about the history of the student newspaper. If you follow her links, you will be able to view online almost every issue of this paper—just clicking through the photo array of front pages will provide you a powerful trip down memory lane. Founding Faculty member Pat Worden Benson contributed her history with CSUSM in this issue's "Member Profile." Pat certainly wore a lot of hats and accomplished a great deal during her years of employment, and it sounds like she has many dreams to fulfill in the years to come. Don Barrett's "Did You Know?" column addresses the history of LGBT organizing on campus. And if you know the answer to our historical "Mystery from the Deep," please fess up (you Arts & Sciences Retirees most likely hold the key to this mystery from the University Archives).

In our recent past, our association has sponsored gatherings for both retirees and current employees in the fall of 2015. Enjoy the reports and photos elsewhere in the newsletter, and then get out your calendar to mark some dates for winter and spring of 2016. [Thinking of the past, how many of you are like me, still using a paper calendar?] In January, we're inaugurating the "Mid-Month Lunch;" it will be fun to visit with whoever is gathered around the table at various locations across San Diego County. In February, rise early on Thursday the 4th to have breakfast on campus with fellow RA members and a

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cast of hundreds at the President's Report to the Community. You'll be supporting CSUSM with your attendance and it's a great chance to visit with former colleagues and community members. You'll see the RSVP information for these and other events here in the *Tukwut Times*.

Looking forward and also looking back, you'll want to mark your calendars as soon as we pin down the date for our annual Spring Luncheon and Business Meeting. Our guest speaker this year is RA member and Founding Library Dean Marion Reid, who will share with us a presentation she has been taking on the road around North County—a history of CSUSM. And in the spring when El Niño is history, we'll have some outdoor excursions. If you want to suggest a hike or another location for a walkabout, please contact Arlene Cratsa at retirees@csusm.edu.

One of my favorite holiday tales is "A Christmas Carol." In Dickens's spirit at this nostalgic time of year, it's easy for me to conjure up ghostly visions of CSUSM's Past, Present, and Future. I hope that you can also appreciate our shared history, our present activities, and the prospects of our bright future as CSUSM's founders, builders, supporters, and historians. All the best to you this holiday season. I hope to see you in 2016!



Calendar of Events

Upcoming Events

Mid-Month Lunch!

Mark the following dates & times on your calendar for our new monthly lunch gatherings! You & your guests will enjoy these no-host luncheons. We'll gather for great food & convivial conversation at a variety of local restaurants. Please RSVP at least 2 days in advance with Arlene at retirees@csusm.edu so we know how many seats to reserve. **We'll meet at Noon each time.**

Monday, January 18, 2016

Hacienda de Vega
2608 S Escondido Blvd
Escondido, CA 92025

Tuesday, February 16, 2016

(optional guided walkabout after lunch to explore the Asian neighborhood shops)
Jasmine Seafood Restaurant
4609 Convoy Street
San Diego, CA 92111

Wednesday, March 16, 2016

Green Dragon Tavern
6115 Paseo Del Norte
Carlsbad, CA 92011

Thursday, April 14, 2016

Pizza Nova
141 N Twin Oaks Valley Road
San Marcos, CA 92069

Friday, May 13, 2016

Café Merlot – Bernardo Winery
13330 Paseo Del Verano Norte
San Diego, CA 92128

Monthly Walks: The monthly walks with Sandy Punch will begin on **Wednesday, Jan. 20** at 9:30 am at the Batiquitos Lagoon in Carlsbad. Meet at the parking area at the end of Gabbiano Lane. The walk is 3.2 miles but you can cut that short if you wish, and there are lots of benches along the way. Dogs are welcome! This walking group will meet the **3rd Wednesday** of every month. Let's exercise and have fun at the same time! Contact Sandy Punch at spunch@csusm.edu with questions.

Thursday, February 4, 2015

The President's Report to the Community
"Impacting Tomorrow Together"

Breakfast and Registration 7:00 to 8:00 am

Program 8:00 to 9:00 am

Located on campus at the Event Pavilion in Lot N

Complementary parking available in the Parking Structure

Purchase tickets or sponsorships by Friday, Jan. 22, 2016

Go to www.csusm.edu/rtc

If you would like to be seated with other retirees, contact Arlene Cratsa at (760) 750-4408 or arlene@csusm.edu



Retirees at the 2015 Report to the Community

April Retirees Association Annual Luncheon and Meeting

We are in the process of selecting a date for the April Retirees Association Annual Luncheon Meeting. As Janet mentioned in her message, our guest speaker will be Retirees Association Member and Founding Library Dean Marion Reid.

We should have the date confirmed in the next monthly Tukwut Tidbits that will go out in January.

Future social gatherings and Arts and Lectures selections to be announced soon.

SAVE THE DATE - Annual Gala!

Saturday, June 18, 2016

More details forthcoming

University Library Digitizes Campus History through Student Eyes: The Pioneer, You Name It, Pride, and Cougar Chronicle 1990-2015

By Judith A. Downie, CSUSM Archives and History Librarian

Beginning with the September 4, 1990 issue, there has been a newspaper to inform the campus community of events, provide a discussion forum, and record CSUSM's history. With support from the 25th anniversary committee, the University Library [digitized the issues](#) located in the University Archives from inception through Spring 2015. Here are a brief history and some highlights of this publication.

The first iteration of the paper, *The Pioneer*, was founded as an independent newspaper by Larry Boisjolie and Jonathan Young with an off-campus office in Escondido. The first issue declared the paper's focus would be on CSUSM and the local region and did just that with articles on the architectural design for the permanent campus (Italianate), campus demographics (mostly women with an average age of 29), and local entertainment. The first issues were ambitious (20-24 pages) and have over time settled to an average of 12 pages.

In 1993, the *Pioneer* came to an end with new leadership assuming responsibility for a new student newspaper sited on campus. The new editors ran a contest to name the paper under the banner *You Name It* for two issues. The winning title was *The Pride*, reflecting idea of pride in oneself, one's campus, and the community. A "pride" also denotes a grouping of the school's mountain lion mascot, the Tukwut.

The paper has reported on topics of concern to students, staff, administrators and faculty, ranging from safety, fees and budget, course availability, Associated Students actions, Michael Moore's visit as well as other notables, the off-campus graduation location, and faculty contract protests. Topics that see the most coverage include campus construction, parking, and tuition.

The paper has not enjoyed a trouble-free publication history. Funding shortages during some semesters saw no or few issues published. At least one issue was not distributed due the campus closure during the Witch Creek and Harris wildfires (October 23, 2007). In spite of these setbacks, the paper staff has worked diligently to publish as evidenced by the September 28, 2004 issue that was hand-written during a computer-less office move.

January 2012 saw a new name for the paper, now published as *The Cougar Chronicle*. Staffing and coverage has grown, but many of the same topics and concerns are in evidence today as the campus continues to grow during its second quarter century.

The digital archive is at <https://library.csusm.edu/archives/csusm-student-newspapers>. The CSUSM Newscenter ran [this story](#) as part of Homecoming Week. Also found in the digital collection is *Plan 9 from Outer Space*, a short-lived alternative student publication distributed on the campus in 1993. Future plans include funding ongoing digitization and searching for the [missing 15 issues](#) from our collection. If you have copies of the missing issues and are willing to lend for digitization, we would love to talk to you! Contact Judith Downie (jdownie@csusm.edu) or Dannis Mitchell (dmitch@csusm.edu) in the University Archives.

See page 4 to view a photographic journey of the transformation of the campus newspaper.



University Library Digitizes Campus History through Student Eyes: The Pioneer, You Name It, Pride, and Cougar Chronicle 1990-2015 - continued

THE PIONEER
SERVING CALIFORNIA STATE UNIVERSITY, SAN MARCOS

Volume 1, Number 1
Friday, October 8, 1993

THE FRONTIER

Welcoming CSUSM's new newspaper **Page 2** | Getting to know Bill Stacy **Page 4** | Rating the five wildest roller coasters **Page 14**

YOU NAME IT
SERVING CALIFORNIA STATE UNIVERSITY, SAN MARCOS

Volume 1, No. 1
Friday, October 8, 1993

INTERNATIONAL FESTIVAL '93

NAME THAT PAPER CONTEST **PAGE 2** | A VISIT TO THE GLOBAL VILLAGE **PAGE 7** | FIRST ANNUAL ALUMNI PICNIC **PAGE 6**

PRIDE
A student publication serving California State University, San Marcos

Volume 1, Number 3
Friday, November 5, 1993

COVER STORY

Maximizing your degree
By Amy Glasper

Virtual Art
Students create stunning images using computers.
Pages 8 and 9

NAFTA On-Line at CSUSM
Interactive discussion continues all month

Emerging professions for the '90s

PROFESSION	1990-1995 ANNUAL SALARY
Law Enforcement	\$25,000-\$30,000
Banking Sales & Marketing	\$21,000-\$24,000
Computer Systems Analyst	\$21,000
Project Coordinator for Construction	\$21,000
Customer Support Specialist	\$21,000-\$24,000
Employment Specialist	\$21,000-\$24,000
Client Lab Technician	\$21,000-\$24,000
Information Services Specialist	\$21,000-\$24,000
Business Development Representative	\$21,000-\$24,000
Human Resources Specialist	\$21,000-\$24,000
Public Relations Specialist	\$21,000-\$24,000
Personnel Services Specialist	\$21,000-\$24,000
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THE COUGAR CHRONICLE
CALIFORNIA STATE UNIVERSITY, SAN MARCOS, HIGHER EDUCATION NEWS

Volume 1, Number 1
Friday, October 8, 1993

BUDDHA PLAYS '83

Relentless Cougars head to Nationals in Kansas City
Men's Basketball for CSUSM looks to tear up the courts as they fight to finish strong

Motivation to vote on March 24 as candidates of ASI Elections make their voices heard

Emerging professions for the '90s

PROFESSION	1990-1995 ANNUAL SALARY
Law Enforcement	\$25,000-\$30,000
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Member Profile – Pat Worden Benson

Submitted by Pat Benson



I fell in love with college at the University of Colorado. To get free lodgings at the dorm, I became a sophomore resident advisor, thus launching my eventual career in student affairs. I started my academic career that same year, landing a job as a psychology lab assistant. Mentors in the psych department encouraged me to go to grad school, a possibility beyond my wildest imagination. This is why I always tell students to get a job on campus. It gives an inside view on how to succeed in the confusing, overwhelming, exhilarating college environment.

I earned my Ph.D. at UCSD and taught developmental psychology at CSU Fullerton. I rode the train from Del Mar up to Orange County two hours each way for 12 years. I confess I applied to join the Founding Faculty at CSU San Marcos because I was dying to get off the train.

During the 1989-1990 planning year we faculty, staff and administrators somehow pulled together to get the university off the ground. It was a sprint, a roller coaster, and a situation comedy all at once. I will always look back on that year as the strangest professional experience of my life.

Most of us who worked on the CSUSM startup were self-selected pioneer types, driven people who like to build stuff. I teamed up as associate dean with Victor Rocha, the founding dean of the college of arts and sciences. Victor was a canny visionary who built the superb faculty and staff in the first decade of the college. The founding advising coordinator, Leslie Zomalt, provided our student services expertise. We three were continually scrambling to build the college administration plane while we were flying it, as the saying goes. Leslie was wise and pragmatic, Victor was hilarious and inspiring, and I tried to stay calm.

I especially loved my final years (2005-2010) in student affairs. Here was an organization that was already up and running, with lots of talent. I saw my main job as vice president to advocate for resources for the division and then watch the professionals take it from there. Realizing that much of the university did not know enough about student affairs areas, I took core managers on a "road show" to other divisions. My favorite joint meeting was with Finance and Administrative Services, when the two divisions decided then and there to launch the process for building the gorgeous University Student Union.

I regret I don't have an impressive descriptor for what I'm "doing" in retirement. I look around for whatever needs to be done next and make a project of that. I'd like to learn to bake cakes, to speak a little Italian, to read the books I've already bought to read "someday." I'd like to remodel my laundry room, play golf with my grandsons, and make another quilt with my daughter. I'd like to spend more time with friends, and watch more sunsets from the deck with my dear husband Peter.

RECAP

Time Capsule of Music: 1930-1960 – September 22, 2015

After an engaging and delectable happy hour at Players Bar and Grill, a group of Retirees Association members “stepped back in time” to enjoy the presentation of Time Capsule of Music: 1930-1960 on September 22. Howard Duncan, a pianist and instructor in North San Diego County, artfully tied visual images of US and World Events with songs of the era. Mandy Paige Bayless provided beautiful vocals and Rick Hall, on guitar, also added to the performance. Great songs such as *It Don't Mean a Thing, Night Train, Blue Suede Shoes* and *Take Five*, really highlighted what was going on during the era!



T'ai Chi – October 30, 2015

T'ai Chi Chuan or “Chai Tea?”

Next time you visit your favorite coffee house and you are in the mood for something graceful to regulate your blood pressure, balance, proper body alignment and tranquility, try ordering a Large T'ai Chi Chuan, Sun Style with just a dash of Brush Knee and Single Whip.

The 20 or so who attended the CSUSM Retirees' Association special program on October 30, were treated to a brief talk on the general principles of T'ai Chi Chuan and a specific demonstration of the Sun Style form T'ai Chi for Arthritis by José and Stella Clark. With dimmed lights and background music, all participants joined in the warm-up exercises designed to create a gentle, slow, relaxed flow and a sense of wellbeing by holding a Beach Ball, Reaching for the Stars and Grasping the Bird's Tail.

What about a cup of Chai Tea? Well, maybe next time. By the way, Chai is a type of Indian tea with milk, sugar and cardamom. So, if you asked for “Chai Tea” that would be ordering a redundant tea or “Tea.” On the other hand, you can always treat yourself to Sun or any style of T'ai Chi Chuan anywhere, anytime... and it is never redundant.

~José A. Clark



RECAP continued

There are no Superheroes, Just Us: My Journey with Malala – November 16, 2015

On November 16, several members of the RA and their guests enjoyed a Happy Hour at Acapulco in San Marcos, followed by attendance at the signature Arts & Lectures event of the fall. The University Student Union Ballroom was packed for a presentation by Shiza Shahid, ambassador for the Malala Fund. The Fund, founded by Nobel Peace Prize laureate Malala Yousafzai and her father, was established to enable girls to complete 12 years of safe, quality education so that they can achieve their potential and be positive change-makers in their families and communities. The lecture provided inspiration for all in attendance as Ms. Shahid conveyed her message of every person needing to take action—"there are no superheroes," she said, "only us."



Travel Tips for Retirees – Submitted by Steve Wiener

Since I started traveling on CSU and union (CSUEU) business in the '90s, I learned that our CSUSM (now CSEA Retirees Association) ID card is worth valuable discounts, even when traveling for pleasure. This includes hotels and tourist attractions.

For hotels (including some foreign), simply book or inquire about a government or educator's rate. My record discount was 75% of the rack rate at the 4-star Westin La Paloma Hotel in Tucson! At a luxurious 4-star resort I stayed at in Arenal, Costa Rica, I saved an additional \$20/night off the discounted website rate by calling and asking. If you also join the hotel chain's traveler's club (free), you will likely get upgraded to a better room, too. I have been almost 80% of the time, even with the government discount. If you prefer quiet, always ask for a room away from the elevators and ice machines. Tipping the hotel clerk at check-in helps as well. I have received a mini-suite upgrade, gourmet cookies and fruit plate, vouchers for a buffet breakfast and beer on one trip!

The hotel search engines that have given me the best rates are:

AMOMA and [booking.com](http://www.booking.com). Last year, AMOMA saved me about 70% on two luxury hotels in Andalusia. Also, I started using Air B & B a year ago and have had excellent luck at 8 different homes, including a historic mansion in L.A. The advantages of a B & B are: Free parking (no expensive mega-garage), your private concierge, convenient, quick breakfast (usually), and VIP treatment.

In Spain, I received "pensioner" discount admission to museums and cathedrals and on train tickets by showing my CSEA Retirees Association card. The nearby Palm Springs Tram gives civil servants a discount. In Washington, D.C., government employees can make free express reservations to tour the Washington Monument and gain access to the express ticket window at the excellent Holocaust Museum.

For air travel, I recommend joining at least one major airline's frequent flyer program and trying to use it as much as possible if its fares are competitive. If you find a bargain coach fare to your destination, it could be more cost-effective to use miles to upgrade to business class (or first class on a 2-class plane). I will travel business and first class to Florida and back from Cancun to San Diego this winter, using my miles to upgrade instead of the low-priced flights.

Good luck and enjoy your travels! -- STEVE WIENER

Did You Know?

By Don Barrett, Ph.D. (RA Board Member)
Senior Advisory Editor, 2nd International
Encyclopedia of Social and Behavioral

Early LGBT organizing on campus at CSUSM



In the late-1990's when I came to CSUSM, the campus wasn't far removed chronologically from being considered "Cal State Jerome's," (the site of its first classes), there was common talk that Craven Hall had been designed by a prison architect, there were very active ultra-conservative political groups in North County, and the view from campus was of distant open space, not suburban housing. In that environment, LGBT concerns seemed to be almost a luxury, like something that belonged down in the Hillcrest neighborhood of San Diego.

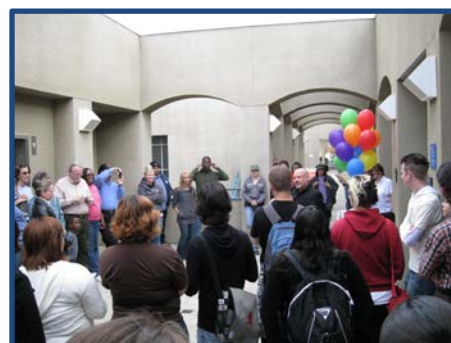
The student body in those years was all commuters (often women returning to college), very many part-time, and many were in the military at a time when it was still quite anti-gay. The few openly gay students tended to be part-timers who lived down in San Diego and didn't have the time or energy to invest in an LGBT student organization. Similarly, faculty and staff still worked in an environment where being pro-gay could be quite detrimental to career and thus few were out as gay or actively working on pro-LGBT issues.

Resources for forming a student organization were very much ad-hoc. Any support for a student group was courtesy of the department of whoever had volunteered to sponsor the group. Since students in those days were often leery of being seen attending an LGBT function, coming up with a stable, discrete meeting place was always a problem with us sometimes meeting in outside remote places.

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The situation, though, wasn't as dire as it might sound – the overall institution, through the Academic Senate, other governing bodies, employee unions, and the administration, was supportive of our efforts to address LGBT issues. The problem, though, was that the 'boots on the ground' who actively worked with LGBT students were few, with Fritz Kreisler in Counseling being a key force. The upshot of this situation was that in the later 90's we often had none or only a couple of students who were willing to be in any sort of LGBT organization. This hesitancy of being open isn't too surprising considering that Proposition 22 (the Knight initiative), the earliest statewide vote against same-sex marriage proposition, passed handily (61% for) in 2000.

Not long after 2000 the situation began to turn around. Part of the turnaround was simply due to overall growth of the student body and faculty but much of the change was probably due to the gay movement's success in increasing acceptance of LGBT's nationally and thus even on campus. Starting in the early 2000's, Anne Rene Elsbree and other faculty worked with LGBT students and there began to be a stable organization; student organizing received a significant boost when Associated Students began contributing towards the Pride Center in mid-2000. Given the current level of visibility of LGBT students, staff, and faculty on campus, the struggles in developing a presence seem much more ancient than just 20 years.



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Website:
www.csusm.edu/fsra

Membership Information:
[Go to our website](#)

We're on Facebook!

www.facebook.com/CSUSMRetireesAssociation

Explorations – extended from August Edition

RA members have volunteered to organize & guide a number of excursions to get to know our region. Which ones are of most interest to you?

- Hiking: Santa Rosa Plateau
- Walkabout: Liberty Station in San Diego
- Walkabout: La Jolla Village and Cove
- Walkabout: Convoy St. – Asian shopping/dining
- Excursion: Borrego Springs
- Other ideas: Where would you like us to go; are you able to guide or should we find one?

Reply to retirees@csusm.edu by January 22. Once you indicate an interest, you will be on the contact list to set the date; then all RA members will be invited to participate.

Mysteries from the Deep!

Judith Downie and Dannis Mitchell, who together staff the University Archives (hidden away on the first floor of Kellogg Library), occasionally encounter photos or items that are not documented. In short, they are part of CSUSM lore but no one knows how they fit in. Each edition of Tukwut Times will display a photo and description of something that Judith & Dannis need help to properly catalog. If you know anything about the mystery, email retirees@csusm.edu, and we will compile the info for the archives. Then in our next edition, we will let everyone know if the mystery has been solved and by whom.

Mystery Item #1: Baseball bat & softball



Description: The bat has 'College of Arts & Sciences' written on it in ballpoint pen. The softball might have had the same but there has been water damage that smeared most of the writing.

Questions:

- What was the origin of the items?
- What event or events were they used at?
- Dates?
- Participants?
- Are there any photographs or documents that refer to these items? If so, please send.
- Who (person or department) donated these to the Archives?

Retirement Tip

See Steve Wiener's retirement tip on page 7. He had such great tips; we had to give him more than a half-page!

If you have others to share, just email them to Sandy Punch at spunch@csusm.edu, and she will share them in the newsletter.