VSP Computer VisionCare℠

Nearly 80% of people who regularly use a computer or tablet have symptoms of eye trouble.[1] And, with the number of hours being spent on mobile devices, those numbers are expected to increase.

The most common office-related complaint, Computer Vision Syndrome (CVS), is a condition that develops from spending hours on computers and digital devices. Many people aren't aware they're experiencing CVS, which may include one or more symptoms:

- Neck and shoulder pain
- Headaches
- Fatigue
- Irritated eyes
- Blurred or double vision
- Loss of focus

Combat CVS with the right eye care and eyewear.

With VSP Computer VisionCare, you have access to:

- a comprehensive eye exam that can detect eye health issues, such as CVS;

- eyewear specifically designed for using a computer or digital devices to help reduce eyestrain and fatigue.[2]

Your Computer VisionCare Coverage with a VSP Doctor*	
Eye Exam	• An annual, fully covered comprehensive eye exam[3] • Exam specifically designed to detect eye health and vision issues caused by regular computer and digital device use
Eyewear	• Frames and lenses fully covered up to your retail allowance[3] • Up to 20% savings on the amount above your retail frame allowance[3] • Savings on additional pairs of prescription glasses

*Register and log on to **vsp.com** to review your benefit information. Based on applicable laws; benefits may vary by location.

vsp ®
Vision care for life

70-75%
OF COMPUTER USERS COULD BENEFIT

from the use of computer glasses.[4]

Learn more. **vsp.com** | 800.877.7195

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