#### A Video Message from President Neufeldt about the 2020 Election



As we await the election's outcome, highlighted below are CSUSM support and wellness resources available to our campus community. In addition, you are invited to participate in the listed upcoming Election 2020 events. If you are an eligible voter who has not had an opportunity to cast your vote yet, the CSUSM Election 2020 website has helpful information about how to find your polling place and safely vote in person.

## **Upcoming Election 2020 Events**

### Thursday, Nov. 5 - Civility Dialogues | Culture and the Results of the Election

- 11:45 a.m.-1 p.m. | Register at: bit.ly/dialogue\_election (Zoom)
- Come and join the conversation as we discuss how culture influenced the results of the 2020 election.

### Thursday, Nov. 5 - Beloved Community at CSUSM presents "The Days After"

- Noon-12:50 p.m. | Register Here
- A Beloved Community is built on a foundation of dialogue and the ability to understand, embrace, and make space for our differences. In this workshop/dialogue we will begin to explore how in the aftermath of the most important election in U.S. history, we can continue to strive to redefine and reimagine our relationships to one another. This workshop is facilitated by Dr. Fredi Avalos as part of the workshop series presented by the Tukwut Leadership Circle program.
- Shape the conversation by completing this short survey in advance.

# **Local Engagement**

Tuesday, Nov. 10 – Speaking of Democracy presents Now What? From National to

- Noon-12:50 p.m. | Register Here Let's debrief and discuss opportunities to continue to exercise your civic rights and
- responsibilities. Voting is only one step toward active citizenship. Learn how you can continue to serve your community.

# 2020 • 10-11 a.m. | Register here

Wednesday, Nov. 11 - So What Did You Think of the Election? Debrief Election

- Join faculty, staff and students from across the country for a national discussion to
- debrief and discuss the 2020 Elections. Designed to reach across differences and create a space for discourse, this national facilitated dialogue is based on the fundamental value of the pursuit of knowledge for the public good.

# The following campus resources offer virtual resources, services and spaces for

**Campus Resources** 

## community building. Student Health and Counseling Services – primary care, preventative services,

- wellness education and mental health services for students. 30-minute drop-in appointments available this week. Cougar Care Network – information, resources and support for students dealing
- with personal, academic, financial or other challenges. Campus Recreation – virtual fitness and wellness programs for students.
- Employees are welcome to attend group fitness classes. Employee Assistance Program – professional counseling and services for a wide range of concerns for employees.
- <u>FACES</u> supportive services, resources, coaching and professional training and development for faculty.
- mindfulness along with tips on establishing your own practice. • Office of Inclusive Excellence – resources and support for students and

Mindful CSUSM – links to research on the physical and social benefits of

- employees centered on CSUSM's commitment to inclusive excellence. Office of University Ombuds – confidential, neutral, independent support to
- resolve university-related conflicts or complaints on an informal basis for students
- and employees. <u>Staff Center</u> – resource referral, support and care for staff. The Student Life Centers for Identity, Inclusion and Empowerment provide supportive student spaces, programming, and events. The centers include the

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