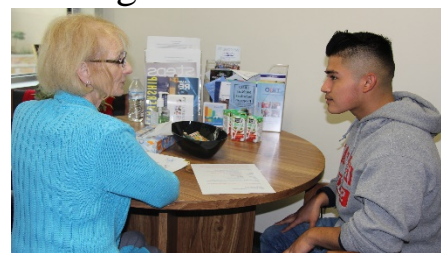


## Director's Message



In 2015, TRIO SSS began a new five year grant cycle at CSUSM. With this new cycle, the program introduced a new service to help our students succeed: academic coaching. As stated in the grant, “ the role of a coach differs from that of a counselor and can contribute to the overall success of college students, especially in their first year. While a counselor can help the student recognize areas of difficulty and guide the individual toward possible solutions, the coach plays a considerably more active role.”

TRIO SSS is fortunate to have Margaret Nuttall serving as our TRIO SSS academic coach. Margaret has received additional training through the National Tutoring Association in order to be certified as an academic coach. She incorporates methods that firmly direct and motivate students toward specific end results and guides students in setting smart goals.



The data results from the last two years confirms that the coaching techniques are definitely working. For those students who were consistent in keeping their structured meetings for academic coaching, more than 80 per cent of the students averaged a 1.185 increase in their semester GPA during they period of time that they received coaching. (One student even raised her semester GPA by 3.066!) Likewise their overall cumulative GPAs increased substantially. In many cases, the students started their coaching appointments within their first year at CSUSM and maintained a regular schedule that averaged 8.5 visits per semester for 2.5 semesters. Furthermore, those students who stopped within their first semester of coaching generally earned significantly lower GPAs. Overall, a regular, sustained commitment from the students to maintain their coaching appointments proved to be extremely beneficial.

*Heather Northway*

# NEW FACES IN TRIO SSS



## Alexa Diaz - Peer Mentor

Alexa joined the TRIO SSS staff this semester. She plans to graduate in spring 2019 with a double major, Human Development with an emphasis in Health Care Services; Spanish.

Alexa was a founder member of the TRIO SSS Association. She is currently a Peer Leader for the Tukwut Leadership Circle and was a GEL Peer Educator in 2017. She is also a member of Alpha Lambda Delta (ALD), and was their president in 2015-2016 and is currently an ALD Junior adviser.

Alexa loves to go hiking, take road trips and going to the beach.



## Cindy Ramirez – Student Assistant

Cindy is a first generation “scholar”, and she joined the TRIO SSS staff this semester.

Cindy is very determined to succeed in college and graduate with a degree in Biological Sciences. When she earns her B.S. degree Cindy’s next step is to concentrate on reaching her career goal of becoming a Sports Medicine Physician.

Cindy is passionate about soccer, “ I watch, play and even teach it”.

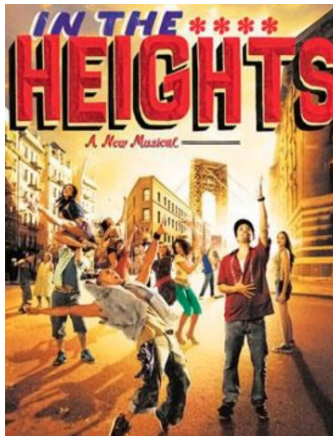
# Fall 2017 CULTURAL EVENT

For this fall's cultural event the TRIO SSS students and staff attended the American Indian and Indigenous Film Festival at Pechanga Resort and Casino. The featured movie was "Rumbles" which documented the Native American influence on rock music.



# Fall 2017 BONDING EXPERIENCE

Our students were excited to see the performance of *In the Heights* by Lin-Manuel Miranda at the Moonlight Amphitheatre in Vista. Through excellent singing and dancing, the performers told "... the universal story of a vibrant community in New York's Washington Heights neighborhood..."



## Fall 2017 DEAN'S LIST

**CONGRATULATIONS to the following full-time students who have earned a GPA of 3.5 or higher in fall 2017 semester!**

Synthia Ayala	Alexis Garcia	Edith Lopez	Jessenia Pineda
Andrew Baird	Genesis Garcia	Rafael Lopez	Carolina Quirarte
Victoria Baldan	Margarita Garcia	Janet Lucas	Cindy Ramirez Herrera
Andrea Briseno	Maricruz Gomez	Maria Montero	Lesley Rivera
Anais Campos	Isabel Gomez-Lopez	Aileen Najera	Alyssa Rodriguez
Sossity Corby	Karina Lopez	Jael Nava Morales	Angelica Rodriguez
Alexa Diaz	Alexandria Hernandez	Yessica Navarro	Nicole Rodriguez
Mariana Duenas	Amalia Hernandez	Maria Ochoa	Zohra Sahial
Dannika Dugan	Julianna Hernandez	Lucero Ordonez	Diana Sanchez
Celeste Espindola	Stephanie Hernandez	David Ortuno	Sandra Sanchez
Janelle Esprit	Ashley Ho	Samuel Pak	Emmanuel Solis
Dan Ethridge	Edith Jimenez	Patrick Pardo	Ashley Swaim
Yessica Flores	Justin King	Marvin Pena	Zaida Torres
Deyanira Fonseca	Connor Leone	Mizael Perez	SeAna Van Brunt
Yesley Fregoso	Alexandra Lopez	Khoa Pham	Oscar Vargas
Cassandra Fuentes	Casandra Lopez	Andrew Phung	Maria Vidaca
Laura Galland	Daisy Lopez	Karina Pichardo	Nikki Young

**CONGRATULATIONS to the following part-time students who have earned a GPA of 3.5 or higher in fall 2017 semester!**

Diana Alvarado	Justin King	Lazaro Martinez	Jessica McDaniel
Fabiola Rivera	Cynthia Vargas	Susan Wong	

# TRIO SSS SPOTLIGHT



**Rebecca Ortego** is one of our TRIO SSS students and a veteran. She graduated from CSUSM in May, 2016 with Bachelor of Science in Kinesiology.

Rebecca reports she has "...just been accepted to George Washington University for the Masters in Public Health (Epidemiology)." She starts her Masters in spring 2018.

For the four years that Rebecca was attending CSUSM she was still in uniform. When she has completed her Masters degree Rebecca's hope is to be a Commissioned Medical Officer in the military and continue serving her country overseas.

**Congratulation Rebecca!**

## SSS Spring 2018 Calendar of Events

Date	Time	Event Title	Location
Friday February 16	12:00 – 1:00	<b>"Painting: Managing Your Time and Stress"</b> – Come and paint while you learn time management tips and de-stress.	Markstein Hall 322
Friday March 16	12:00 – 1:00	<b>"Good vs. Great Letters of Recommendation"</b> In this workshop you will learn tips on how to ask for letters of recommendation, when to ask and who to ask.	Markstein Hall 322
Wednesday May 9	1:00 – 2:00	<b>TRIO SSS Finals Care Packages and Social Event-</b> Limited care packages. Be ready for some fun and games.	Markstein Hall 322

# TRIO SSS Student Symposium

## TRIO STUDENT SUPPORT SERVICES



# MISSION ~~X~~ IMPOSSIBLE

Student Professional Development Symposium

**Saturday, March 3, 2018**

**8:00 AM - 2:30 PM in Markstein Hall**

Lunch will be provided

**Register today**

**[www.csusm.edu/sss/symposium.html](http://www.csusm.edu/sss/symposium.html)**

Join us for a day of cutting-edge training, mentoring, professional development at all levels and disciplines. *You won't be disappointed.*

**#SSSMISSIONPOSSIBLE**

# TRIO SSS Recognition Ceremony

CALIFORNIA STATE UNIVERSITY SAN MARCOS  
TRIO STUDENT SUPPORT SERVICES



## SSS RECOGNITION CEREMONY

Join us in celebrating your graduation

**Friday, April 27, 2018**

**5:00 - 7:30 PM**  
The McMahan House

Reception with appetizers  
**You may invite 2 guests**

**Registration is now open!**  
**Register by Friday, April 13**

[www.csusm.edu/sss/recognitionceremony.html](http://www.csusm.edu/sss/recognitionceremony.html)

