

# TRIO SSS FALL 2023 NEWSLETTER

## SPRING 2023 ANNUAL STUDENT CONFERENCE

TRIO SSS held its 7th Annual Student Conference on Saturday, March 4, at McMahan House at CSUSM. This year's theme was "Nurturing Your Growth and Success". This year's conference's goal was to encourage each student to embrace resiliency, learn about the power of leadership, learn self-care tips to take care of themselves, and learn the importance of building social capital through mentors.



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## SAFARI PARK

Before students dove into midterms TRIO SSS took a trip to the Safari Park in Escondido. This was our first cultural event of Spring 2023. The goal was for students to indulge in nature and learn more about the animals at the Safari Park, while also getting to bond with each other and hopefully destress before midterms.



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## THE XIXTH (THE NINETEENTH)

The second Cultural Event for the spring 2023 semester was a play at the Old Globe. For this event not only did TRIO SSS Scholars get an opportunity to learn about a historic event that happened in the 19th Olympic Games, when two Black American sprinters raised their fists to protest. They also got to go to dinner at a local restaurant near the theatre called Flavors of East Africa, where they got to enjoy authentic East African food and get to know each other.



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## TRIO SSS 2023 GRADUATION RECOGNITION CEREMONY

*Congratulations to the TRIO SSS Scholars graduating in 2023! Students and their support system had the opportunity to celebrate their success on Friday April 28, 2023, at the McMahan House.*



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## TRIO SSS 2022-2023 GRADUATES

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Zaina Aljayyousi

Khimberly Angeles

Lezette Arevalo

Daniella Avila

Synthia Ayala

Mariam Bastawrous

Ruby Beltran Cruz

Mahnaz Bestar

John Canseco Pichardo

Danny Chung

Hannah Lindsey De Asis

Kassandra De la Cruz

Andrea Estrada

Marilyn Felix

Kristina Friedley

Saul Gallardo

Valeria Garcia

Julia Glorioso

Maria Gonzalez

Cynthia Gonzalez Duenas

Cheyenne Healy

Alexis Hernandez

Daniela Jasso

Sheyla Lopez

Sheyla Lopez

Jennifer Lopez

Stephanie McCabe

Yarenni Montanez

Sarai Mora Ortiz

Elizabeth Murguia

Jenny Ortega

Zayla Paschall

Briana Phillips

Gena Pimentel

Isabel Pineda

Annabel Plascencia

Magali Rodriguez Castillo

Juliet Roman

Miriam Salvador

Jennifer Sanchez

Michelle Sanchez

Damariss Santos Amezcua

Julie Sarmiento

Michelle St. Amand

Bradley Tran

Joanna Valdez Castro

Cecilia Villa

Tatiana Willis

# TRIO SSS

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### SPRING 2023 SUCCESS SEMINARS SERIES

**TRIO**  
STUDENT  
SUPPORT  
SERVICES

EVENT CALENDAR  
**2023**

Feb.  
2

#### CONQUERING YOUR GOALS

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6:00-7:00 PM VIA ZOOM

#### I AM A PROCRASTINATOR

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12:00 - 1:00 PM

Feb.  
16

Mar.  
9

#### GRADUATE SCHOOL 101

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6:00 - 7:00 PM VIA ZOOM

#### IT IS ALL ABOUT US

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12:00 - 1:00 PM

Mar.  
30

Apri.  
13

#### NEGOTIATION SKILLS

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6:00 - 7:00 PM

#### WHAT IS EMOTIONAL INTELLIGENCE?

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6:00 - 7:00 PM

April.  
27